



Team web site: www.BMcDSwimming.org

Twitter: @McDSwimDive

Coach Sprowls email: Swimming@BishopMcDevitt.org

Staff: Kurt Sprowls (Head Coach), Addie Lauver, Doug Lauver

Program affiliation (girls and boys): Mid Penn Conference (Keystone Div), District 3, AA classification

First team practice is mid-November. Season concludes with PIAA Championship Meet in mid-March.

Practices are conducted Monday-Friday, 3:45- 6:00 at the Central Penn Fitness Center, Harrisburg

Additional competitions the team attends beyond conference dual/tri meets: Kinney Open at Bucknell University (qualifying meet), Big Spring Bulldog Bash at Big Spring HS, National Catholic Championship Meet at Loyola University, Baltimore MD (qualifying meet), Mid Penn Plunge at Northern High School.

Diving was added to the program for the 2017-18 season. Please contact Coach Sprowls for additional information.

The program supports approximately 20 girls and 20 boys swimmers (this roster size is based on current lane restrictions at the Central Penn Fitness Center).

Pre-season training typically begins in September and is structured based on the number of swimmers interested /able to attend on a consistent basis and lane availability at Central Penn.

